

Exams are Nearly upon us

It may feel that the Summer is a long way off but in fact the first exams are only 3 months away. The first exam for GCSE's is the 15th of May. Its never too early to start revising and in fact the earlier the better. There are plenty of ways to prepare for exams - here are some easy tips and ways to help your child prepare.

- Make sure there is a comfortable space to study at a table and where work can be spread out
- Create a revision timetable to spread the revision evenly through the week.
- Organise study time into small sections, and plan regular breaks
- Create revision cards. The more senses that are used to revise the better information is stored
- Learn essential information from bullet points, rather than long notes.
- Print past papers, and exam questions to complete
- Make sure healthy routines are maintained, including healthy eating, drinking water, and getting enough sleep, its easy to eat junk food and get into bad habits at times of stress

Thank you for supporting us as the students prepare. If you would like advice about helping your child prepare for their exams, please contact your child's tutor.

We have a supply of revision cards available for students, please us if you need any.

Contact Us

Telephone: 020 8732 6649
Northgate School, Edgware Community
Hospital,
Burnt Oak Broadway, Edgware, HA8 OAD



Northgate day student Sleepover **zzz**

Date: Friday 3rd March 2017

What to bring?

Bring your essentials such as toothbrush, pyjamas, toiletries and most important phone chargers

Bring your duvets, pillows and cuddly toys to help you sleep.

Medication

If you are taking any night or morning medication give it to Yvonne on the day for safe keeping. **All medication needs to have your name labelled clearly on the container**

The night will include -

- movie night
- Wii games
- Loud music rave
- Midnight feast
- Lots of maths (only joking)

There isn't a bed time!



February 2017 Newsletter

My dream upon a freaky eye



I am asleep, I am dreaming, I said to myself as someone came running towards me. I was thinking about what my teacher told me "If you want your dream to change, then change it". So it changed into my dog from when I was younger. I felt my legs start to give way, my eyes started to tear up. It was very uncomfortable. It was as if someone was trying to get out of my eye. As if they didn't want to see the beyond mind of mine. All I could think about was this uncomfortableness of my eye. I screamed hopelessly knowing there was no one there. I closed my eyes and went back to sleep hoping that everything would go back to normal.

BY MS.

Valentine Sale



Friday 12th February we held a valentines sale where we walked around the hospital and sold cards, candles, keyrings and love hearts for valentines.. Every-one was really supportive and we made over £40.

Creative writing by RS.



So there I am walking towards Kings Cross train station in my thick green parker jacket. As I'm walking I can hear the leaves crunching underneath my feet like eating corn flakes without milk. As I walk in the station I can hear my train arriving at platform 4, I can see the steam coming out of the top of the train like a massive cloud hovering above. I take a big step to get on the train and I was so sacred I would fall through the big black hole beneath me .The train is really busy, with people pushing other people around and the noise was unbelievable like a lion roaring in your ear a thousand times per second. By the time I go through the group of people to find my seat, the train has started to move and I fall to the ground, I was so embarrassed. As I finally find my seat I must be the most unlucky person on the train as my heating isn't working. I'm so cold I can even see my breath as I exhale though my mouth, I knew I should have worn more layers. I'm now half way though my journey and I look out of the window, it was like a daydream, I could see a herd of horses in the far distance galloping around in a field full of falling leaves, maybe they were spooked or just having fun but it was a beautiful picture to see. I'm still freezing cold so I decide to go to the buffet cart at the end of the carriage however when I got there, there are so many hot drinks to choose from, just thinking about it warms up my entire body. The Pumpkin pie latte draws my attention, I can taste it in my mouth even before I buy it, as soon I hold my amazing hot drink I take a sip and it takes my breath away. As sit back in my seat there is a handsome young man sitting in front of me, he was gorgeous, he had that kind of face which stopped you in your tracks, he must be used to that. He had jet black afro hair with bright blue eyes; he got better the more I looked. He must of noticed I was staring at him as he introduced himself "I'm Reese, so what stop are you getting off?", his voice was as amazing as his appearance, he was a Geordie. He saw that I was shivering so he placed his warm bomber jacket over my shoulders, I could smell that he had an expensive taste in aftershave as all I can smell is Gucci Guilty Homme. We start to watch a film on his laptop, I'm not too sure what it is about as most of the time I am just staring in to his eyes. I am so engrossed in this fairy tale I miss my stop so I have to get off the same stop as Reese, well that's not all bad. I look at my phone and see the time, which is one minute to midnight; I have no money to get a taxi or even money to stay in a hotel just till I can get a train to go back to my destination. Kindly Reese offers me money to get a taxi to get back but then says he doesn't want such a gorgeous girl to travel home alone in the dark. We get a taxi back his house and he invites me to stay the night I am a little scared, but as I reflect on the day I feel something inside me which felt right as I lie down to sleep and shut my eyes I think to myself I never want this fairy tale to end.

Work Experience

Some students have started work experience placements and my work placement is at Barnet Mencap where I am sitting on the front desk answering the phone and welcoming people through the door. At first I was really nervous but I have started to get my confidence up and now I'm really enjoying it.



Mothers day sale

We will be having a mothers day sale but feel free to pop in to school and buy a handmade mothers day card for £2.